

# Transition Skills: Health Literacy Check List

<b>Name:</b>								
<b>CHIP Team:</b>								
<b>Ages:</b>	<b>12-15</b>		<b>16-17</b>		<b>18-21</b>		<b>22-24</b>	
	Discussed ( )	Achieved (date)	Discussed ( )	Achieved (date)	Discussed ( )	Achieved (date)	Discussed ( )	Achieved (date)
<b>Knowledge and Management of HIV/AIDS</b>								
Able to answer "What is HIV/AIDS?"								
Able to answer "What are t-cells/viral load?"								
HIV transmission prevention								
Able to verbalize HIV lifecycle								
Able to answer "What is resistance?"								
Able to name medications/dosages/frequency								
Verbalizes rules for taking medications (i.e. w/food)								
Able to name their pharmacy and how they obtain their meds.								
Verbalize possible side effects of medications								
Takes medications independently								
Able to schedule appointment independently								
Able to give medical hx independently								
Understands implications and management of HIV in pregnancy								
Verbalizes when, how, and where to access emergent/after hours care								
Attends scheduled appointments or cancels/reschedules appropriately								
Verbalizes access to or options for transportation								
Able to get to appointments independently								
Identifies care team, their roles and how to contact each member of team								
Has identified adult HIV/AIDS provider								
<b>Knowledge of Preventative Health Behaviors</b>								
Dental visit every six months								
Annual eye exam								
Verbalizes knowledge of preventative bx (i.e. exercise, healthy diet, etc)								
Current with immunizations and health screenings (well man/woman)								
Aware of risks associated with alcohol, drugs, cigarettes								
Aware of risk reduction behaviors for substance use/abuse								

